

INTERREG V-A COOPERATION PROGRAMME

GREECE – BULGARIA 2014-2020

e-SOCIAL HEALTH CARE PROJECT

“e-SOHECA”

KICK OFF MEETING

PARTICIPANTS:

Municipality of NESTOS, TOPEIROS & ZLATOGRAD

The kick off meeting was held on 12th of December into the premises of the Municipality of NESTOS . The day before (11th of December) representative of NESTOS (Anastasios Tsolakis), TOPEIROS (I. Siamidis) and the representative of consulting firm which cooperated with all the partners for the design and the submission of the project to Joint Secretariat of Interreg, had a working meeting at the offices of the municipality of NESTOS, in order to organize the meeting and especially to organize the project, its working packages, the design of tenders, the time schedule, etc

The agenda of the meeting is presented into appendix 1.

Also, in appendix 1, are presented the proposed Tenders per WORKING PACKAGE and per PARTNER, as well as the list of the participants.

The mayor of Nestos welcome the participants and presented the scope, the frame and the expected results of the projects for his municipality, pointed out the social part of it.

The mayor of Topeiros and Zlatograd pointed out, also, the importance of the project for their municipalities and the expected results.

Mr Tsolakis, Siamidis and Mrs Elmira Boyanova Ugerlieva presented in details the concept of the project, the scope, the activities, the deliverables and proposed the time schedule of it.

Short description of the above issues are presenting in appendix 1.

By the end of the meeting all partners decided to see carefully their activities, to determine the appropriate tenders according to the National Law, to make the proper time schedule and small changes in some items, referring basically to the cost of them.

Also, they decided to submit to the Joint Secretariat, the final time schedule per Tender and working packages the 1st week of January.

APPENDIX 1

INTERREG V-A COOPERATION PROGRAMME

GREECE – BULGARIA 2014 – 2020

**Promoting social inclusion, combating poverty
and any discrimination**

“ e-Social Health Care”

– e-SOHECA –

**Provisional Agenda - Kick Off Meeting
12 December 2017**

**Venue: Town Hall – City Council Room
Chrysoupoli, Municipality of Nestos, Greece**

Tuesday 12 December 2017		
09:45 – 10:00	Registration	
10:00 – 10:05	Welcome Address the Municipality of Nestos	Evangelos Tsompanopoulos
10:05 – 10:30	Project Overview Purpose, Objectives and ambitions	Dionysios Kallikourdis
10:30 – 10:40	Presentation of Municipality of Nestos (LB)	Anastasios Tsolakis
10:40 – 10:50	Presentation of Municipality of Topeiros(PB2)	Ioannis Siamidis
10:50 – 11:00	Presentation of Municipality of Zlatograd (PB3)	Elmira Boyanova Ugorlieva-Pehlivanova
11:00 – 11:30	Coffee Break	
11:30 – 12:00	Work Package 1 Project Management & Coordination	All partners
12:00 – 12:30	Work Package 2 Communication & Dissemination	All partners
12:30 – 13:00	Work Package 3 Studies and Common Practice	All partners

13:00 – 13:30	Work Package 4 Infrastructure, Equipments, Assets	All partners
13:30 – 13:45	Coffee Break	
13:45 – 14:15	Work Package 5 Web health Social Care Solution	All partners
14:30 – 15:00	Work Package 6 Training Session	All partners
15:00 – 15:15	First Year Activities Organization of the project, Definition of task list, time schedule, interactions among WPs, tasks and deliverables, assignments of tasks (steering committee, etc), set-up deadlines, fixing dates of event calendar (open discussion)	All Partners
15:15 – 15:30	Summary Final remarks of the Kick off Meeting	Municipality of Nestos, external

Tenders – Work packages / partner

(Attached pptx file)

List of Participants (attached pdf file)

e- Social Health Care (e-SOHECA) PROJECT

Scope of the Project

The scope of the project is to help habitants of the Participants on the project, especially elderly and disabled people via high tech devices, equipments, software and light infrastructure works in line with the establishment of an e-social health care system in order to achieve the goal of social inclusion and reduce the discrimination against the habitants of Cross-Border areas.

General Approach

The project idea started from:

- The fact that all partners (NESTOS, TOPEIROS, SLATOGRAND) are located in remote locations from well organized and large medical centers
- The habitants of those areas face difficulties regarding the accessibility and quality of fundamental healthcare.
- The issue amplifies especially when it focus to disabled citizens and habitants who reside in areas that are located away from the urban centers of the above municipalities increasing the risk of those people to be left without proper healthcare in case of emergency.
- This project is going to tackle this challenge of the INTERREG program by establishing a responsive e-social health care system which will include advanced medical equipments connected to a web based system, in order to provide ad-hoc healthcare to anyone in need.

Overall objectives

The overall objectives of the project are summarized as follows:

- to create web medical files for the habitants of the area, where all of the data from the measurements will be stored and accessible, at any time, via the system by doctors, volunteers, etc.
- to provide health and social care services to elderly habitants and disabled people
- to give incentives to network of participants, which will guarantee project success and sustainability.
- to eliminate social discrimination and promote equal treatness and social inclusion of people, no matter where they live.
- The system has an indirect effect, also, the stored data will able to be used to any studies regarding the medical situation of the area, as it will have the capacity to store the measured data (securely, anonymously) in order to provide vital demographic measurements and data for future use.

Base of the Project

The project is based on:

- Certain technologically advanced equipments connected to a web based responsive solution.
- On the experience of the municipality of Topeiros, which operates a similar pilot e-social health care system.

Topeiros is the municipality that already has a pilot e-social health care system installed and running. The project is going to capitalize in the expertise and know-how of Topeiros and the system that is already installed there is going to be updated and strengthened in order to reach the high standards required.

Topeiros has participated in the Greek national program (NSRF 2007 - 2013) called "Digital Services for Social Care and Health Care Monitoring" with the pilot e-social health care system and is one (1) of only twenty (20) project proposals that got accepted into the program due to the innovative and novel idea of the proposal.

The project initiatives also include studies and actions for creating ad hoc social care networks and supporting mobile and web health platforms focusing on:

- a) the creation of web medical files for the habitants of the area, where all of the data from the measurements made will be uploaded and stored, which will make it accessible at any time through the system by doctors volunteers etc.,
- b) providing health and social care services to elderly habitants and

c) incentives to network participants, which will guarantee project success and sustainability.

Ideal target group

The **ideal target group** of the project is:

- **In the short term:**
 - The **first target group** refers to selected Citizens (elderly people living in very remote areas, heavily ill people who do not have the ease of access to the medical centers discussed above, as well as disabled people. These people are going to be provided with specialized medical equipments and in order to monitor their situation and provide them with appropriate health care.
 - The **second target group** refers to the people that visit agricultural and/or public medical centers of the regions as well as selected Social Care Spots that will be updated according to the high standards of the project.
- **In long term:**

All the habitants of the areas discussed above. The scope of the project aims to deliver the high standards of e-social health care to all of the inhabitants of the area.

Expected outputs of the Project

The project aims to optimize the quality of social health care by incorporating a Web Health - Social Care Responsive Solution in selected Spots within the area of the Participants, which will be connected with the special medical equipments measuring multiple parameters in order to transfer and store the measured data of the patients in their respective web medical file.

The medical equipments which will be allocated are going to perform the following measurements: a) blood pressure, b) pulse, c) pulse regularity, d) temperature meter, e) SPO2 respiratory rate, f) 1 – lead ECG, etc.

The Web Health - Social Care Responsive System will have the following features:

- a) Emergency Card which will allows accessing critical information about the member including: name, medical record number, and date of birth, blood type, medications being taken and any known allergies. When emergency medical care is administered in cross-border areas, this information will ensure that the patient is being treated in a quality manner.
- b) Appointment/Exam Booking platform functionality which will provide an easy to use appointment/exam booking interface with Social Care Teams and participating doctors/ medical offices.

The Major outputs of the Project

- 1) The medical device which will be allocated to selected Citizens, Team (doctors, volunteers), and Spots in order to make basic healthcare practices accessible to the habitants of the area (especially disabled and elderly people)
- 2) Most importantly, the creation of a Web Health - Social Care Responsive System which creates a web medical patient file (accessible by any doctor if he/she has been authorized) that store the measurements and records a health care history database for each patient.

Expected results

One of the direct results of the project will be the renovation and upgrade of existing social health care practices in the area, which will in turn increase the quality of the health care services provided to the habitants.

Also, the project promotes the cooperation of the partners in more than one activities and encourages the partners to exchange knowledge and expertise.

The project will also result in the more immediate and effective response to emergency situations regarding patients that have certain limitations in transportation or physical abilities.

Another important effect of the project stems from the powerful capabilities of the Web Health - Social Care Responsive System which is going to be installed in the spots.

The system will be able to store data and create a database for the three municipalities, which will provide a record of the medical situation of a very large number of the inhabitants of the area.

This will provide the competent bodies with very significant statistical elements regarding the medical situation of the area.

Moreover, this will contribute in another indirect result of the project, which will be the change of the mentality of the patients as well as the doctors and the health care service providers as a whole.

Having all those statistical data, it will be easier to prevent emergency situations and be one step ahead of any imminent problems.